

First Aid at Work - a four-day certificated course

*** Please note that this course is only available to staff who are to be designated first aiders in their area of work. To find out about the need for and numbers of first aiders currently in your area please consult with your local manager in the first instance, and then from there the School's Health & Safety Officer, Ann O'Brien: ann.o'brien@lse.ac.uk ***

Course overview

This examined course offers full coverage of possible accidents and their treatment within the workplace. It covers explanations of the basic working of the human body, to help increase understanding and knowledge of the first aid procedures, and offers plenty of opportunities for practice of techniques. Upon completion successful candidates will receive a qualification, approved by the Health and Safety Executive, which enables them to be a first aider in their workplace. Certificates are valid for three years.

Aimed at

Those with designated responsibility for first aid provision within their workplace.

Key learning points

By the end of the programme attendees will have:

- shown competence in the theory of first aid and accident management
- recognised the signs and symptoms which need medical attention
- shown competence in resuscitation techniques
- shown competence in the control and treatment of unconsciousness and/or shock
- shown competence in the control and treatment of bleeding, burns, bone and muscle injuries
- knowledge of the legal requirements of First Aid at Work.

Please note:

- Full attendance is obligatory to gain certification
- The duties of a first aider can be physically demanding. It is the employer's and participant's responsibility to ensure that they are free from any condition which would affect their capability
- Attendees with any disability or injury, which might be aggravated by the physical demands of the course, are asked to inform the instructor at the start of the course.