

Positive Retirement Conferences

The LSE Staff Development Unit runs one-day Positive Retirement Conferences, designed to be of benefit to those who are within five years of their retirement date.

Forthcoming dates are:

Wednesday, 19 November 2008

Thursday, 19 March 2009

Thursday, 16 July 2009

Conference overview

The transitions from employment to retirement can seem daunting, exposing many personal, social, domestic and financial uncertainties. If these are recognised and approached in a positive way the prospects for an active and happy retirement can be increased.

The conferences are designed to address these issues and more. In order that you can get the most out of the day, we would welcome your questions and concerns about retirement in advance. We can then ensure that these questions are answered for you. The courses are designed to be participative so that each delegate can benefit.

Key learning points

By the end of the programme attendees will have:

- An awareness of the psychological effects of retirement
- A knowledge of the benefits provided by the State and how to claim them
- An understanding of the value of the benefits provided by the employer
- An overview of the taxation system, including Income Tax, Capital Gains Tax and Inheritance Tax, if appropriate
- An appreciation of the need for planning finances for the short, long and medium term
- An understanding of health matters in retirement.

Additional information

The courses bring together staff groups from across the University of London and other London universities.

To book a place/s we will need a Positive-Retirement Conference Booking Form to be completed and returned to us as soon as possible (N.B. It is important that delegates give as much information as possible on the form about their pension/s).

Joining instructions will be issued approx ten days beforehand.